

## **Book Resources for Nurturing Adults of Color**

*Margins and Mainstreams: Asians in American History and Culture.* By Gary Y Okihiro. 1994. University of Washington Press

This book unfolds the importance of the Asian-Americans to the American history and culture. It is about their experiences from lens of race, gender, class and culture.

*Struggle for Ethnic Identity: Narratives by Asian American Professionals.* Edited by Pyong Gap Min and Rose Kim. 1999. Alta Mira Press.

This book contains several stories of first and second generation Asian Americans that looks at their ethnic identity, their culture and the impact of both of these upon their lives.

*As We Are Now: Mixblood Essays on Race and Identity.* By William S. Penn (ed). 1997. University of California Press.

The book is a collection of thirteen stories. It looks from their perspectives on race and mixed blood heritage in the United States. Their strong voices blend the "I" and the "We" in the context of cultural practices within the communities of color.

*Race, Ethnicity, and Self: Identity in A Multicultural Perspective.* By Elizabeth Pathy Salett (ed) and Dian R. Koslow (ed). 1994. National Multicultural Institute.

This book looks at how the concepts of race and ethnicity strongly affects people's individual identity development in the United States society: African American, Asian American, Native American, Whites, Puerto Ricans. The different viewpoints and voices of the contributing authors show the complexities.

*New Perspectives on Racial Identity Development: A Theoretical and Practical Anthology.* By Charmaine L Wijeyesinghe (ed) and Baily W. Jackson (ed). 2001. New York University Press.

Leaders in the field come together to deepen the understanding of social identity development. In looking at their previous theoretical frameworks, the authors re-assess their theories and update their models. (African American, Latinos, Asian American, Native American, Whites and those of multiracial identities are discussed.)

*Assimilation Blues-Black Families in White Communities: Who Succeeds and Why?* By Beverly Daniel Tatum PH.D. 1987. Basic Books.

"What does it mean to be Black in the Predominantly White Middle Class Community? Is it the ultimate symbol of success? Will one have to pay in isolation, alienation and rootlessness?" This book shares the voices and experiences of families living in a white community and the impact on their identities.

*Bone Black: Memories of Girlhood.* By bell hooks. 1996. Henry Holt and Company: New York.

*Bone Black* is the memories of the author growing up in the south. Her stories share the lessons she learned and the ways that these lessons shaped her life and her artistic talent as a writer.

*The Color of Our Future.* Bu Farai Chideya. 1999. William Morrow and Company, Inc; New York.

The author explores how the next generation deals with race in their own lives and how their decisions made determine the course of the United State's future – ethnic future.

*The Habit of Surviving.* By Kesho Yvonne Scott. 1991. Ballantine Books.

It is the story of five women, including the author "revealing the costly pain and equally costly triumph of being black and a woman" in the United States.

*Inside Separate worlds: Life Stories of Young Blacks, Jews, and Latinos.* Edited by David Schoem. 1991. University of Michigan Press.

"Fourteen young Black, Jewish, and Latino authors...look into their lives...They speak of the support, confidence, and pride of being identified members of an ethnic group, and they speak of the powerful hurts of racism."