

Books Resources for Nurturing White Adults

Talking About Race, Learning About Racism: The Application of Racial Identity Development Theory in the Classroom. By Beverly D. Tatum. 1992. Harvard Educational Review, 62 (1), p. 1-24.

The article analyzes the stages white students experience as they learn about racism.

Teaching/Learning Anti-Racism: A Developmental Approach. By Louise Derman-Sparks and Carol Brunson Phillips. 1997. Teachers College
White adults describe their thoughts, feelings and behaviors as they take the journey to a white anti-racist identity. The authors discuss the dynamics of their developmental journey.

White Women, Race Matters: The Social Construction of Whiteness by Ruth Frankenberg. 1993. University of Minnesota
Explores the many factors that make up a white identity in the United States through the stories of white women from varying backgrounds

Uprooting Racism: How White People Can Work for Racial Justice. By Paul Kivel. 2001/ New Society Publishers
A comprehensive discussion of the many aspects of racism. Part I, "What color is White?" looks particularly at white identity.