Book Resources for Nurturing Adults of Color

This book unfolds the importance of the Asian-Americans to the American history and culture. It is about their experiences from lens of race, gender, class and culture.

This book contains several stories of first and second generation Asian Americans that looks at their ethnic identity, their culture and the impact of both of these upon their lives.

The book is a collection of thirteen stories. It looks from their perspectives on race and mixed blood heritage in the United States. Their strong voices blend the "I" and the "We" in the context of cultural practices within the communities of color.

This book looks at how the concepts of race and ethnicity strongly affects people’s individual identity development in the United States society: African American, Asian American, Native American, Whites, Puerto Ricans. The different viewpoints and voices of the contributing authors show the complexities.

Leaders in the field come together to deepen the understanding of social identity development. In looking at their previous theoretical frameworks, the authors re-assess their theories and update their models. (African American, Latinos, Asian American, Native American, Whites and those of multiracial identities are discussed.)

“What does it mean to be Black in the Predominantly White Middle Class Community? Is it the ultimate symbol of success? Will one have to pay in isolation, alienation and rootlessness?” This book shares the voices and experiences of families living in a white community and the impact on their identities.

Bone Black is the memories of the author growing up in the south. Her stories share the lessons she learned and the ways that these lessons shaped her life and her artistic talent as a writer.

The author explores how the next generation deals with race in their own lives and how their decisions made determine the course of the United State’s future – ethnic future.

It is the story of five women, including the author “revealing the costly pain and equally costly triumph of being black and a woman” in the United States.

“Fourteen young Black, Jewish, and Latino authors...look into their lives...They speak of the support, confidence, and pride of being identified members of an ethnic group, and they speak of the powerful hurts of racism.”